

THE CORONAVIRUS

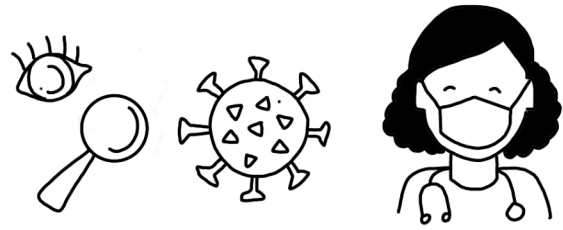


WHAT IS IT?



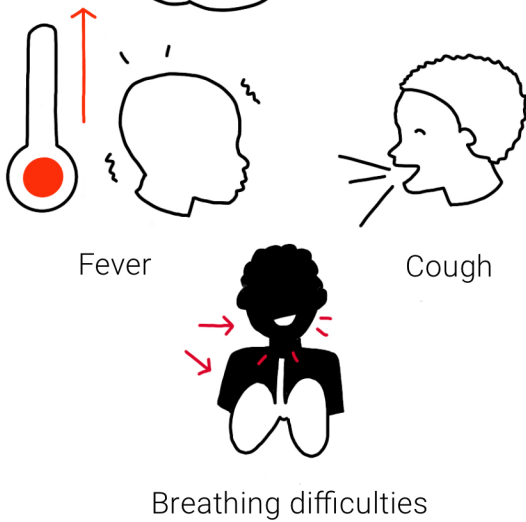
You have all heard about the coronavirus but what is it?

EXPLANATION



This coronavirus is a newly discovered virus. It causes a disease called Covid-19 and can affect ANYBODY.

SYMPTOMS



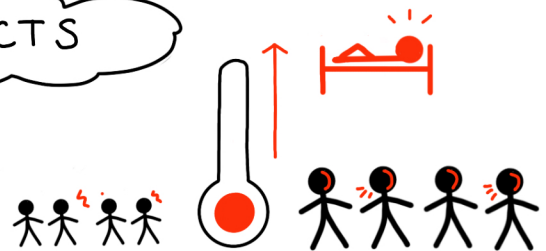
Fever

Cough

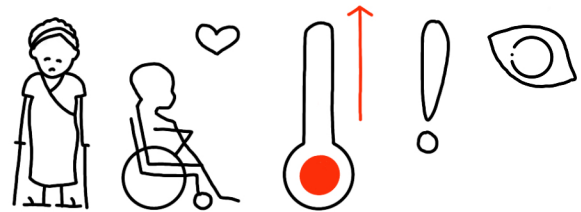
Breathing difficulties

You can easily spread the virus. When experiencing mild symptoms, **STAY AT HOME.**

FACTS

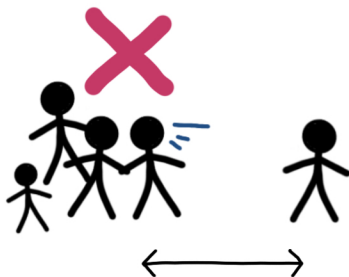


Most people who get infected with the virus, especially children, experience mild symptoms comparable to the flu.



People who are much older, or who already have health problems, tend to get more ill when they are infected with the virus.

HOW TO PROTECT YOURSELF AND OTHERS



Keep distance and avoid crowds

1



Wash your hands often

2



Sneeze and cough into your elbow

3



No handshakes, high fives or hugs

4

Join for Joy

happy hands song




WATCH NOW

"Clean hands happy hands lalala,
Clean hands happy hands lalala"



THE MOVEMENTS :

-  **1** WASH YOUR HANDS
Clean hands
-  **2** WAVE YOUR HANDS
IN THE AIR
Happy hands
-  **3** WASH YOUR HANDS
Lalalala

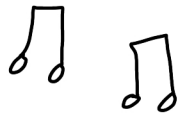
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HOW SHOULD I WASH MY HANDS



dab and sneeze dance

How should I cough and sneeze?
Train yourself to sneeze into your elbow with this dance!



-  **2X** DAB LEFT
+ SNEEZE
 -  **2X** DAB RIGHT
+ COUGH
 -  **4X** HIPS
- + REPEAT